



Periodontal Grafting

Area graft was taken from:

- If a protective stint was given wear for 24 hours, removing only to clean and rinse gently with cool water before bed and replace.
- You may use stint as needed for after 24 hours, helpful especially when eating.
- Leave area undisturbed
- Do not create any suction motions as drinking with straws or smoking for the next 48 hours
- Avoid spicy foods

Area graft placed:

- It is imperative to leave the area undisturbed for 3 days. Resist pulling lip to look at the area. The graft is only gently positioned into place.
- Brush teeth in the area, but avoid the gum line for the first week.
- Use Peridex rinse given, by gently swishing a small amount at the graft site for 30 seconds two times a day.
- Area will change in appearance and appear to slough away, this is normal and it is only the top layer healing.

Medications:

Unless contraindicated or refused you have been given an initial dosage of pain medication. We strongly suggest that you continue with pain medications as follows:

400-800 mg of Ibuprofen (2-4 tablets) every 6 hours for the next 36-48 hours

or

500-1000 mg of Extra Strength Tylenol (1-2 tablets) every 6 hours for the next 36-48 hours.

Take all other medications and any prescriptions given here as prescribed

Please call the office at 569-0530 with any concerns, or visit our website at Boyledentistry.com