



## **Anxiolysis Patient Instruction**

### **Before Appointment**

1. Take your regular medications as prescribed unless specified by your Physician.
2. No eating or drinking (except clear liquids) 6 hours prior to appointment.
3. Patient must be escorted to office by a responsible adult.
4. Sedative medications are to be taken as prescribed.

### **After Appointment**

1. Continue to take all prescribed medicine as indicated by Physician and Dentist.
2. No alcohol for 24 hours post visit.
3. No driving or operating machinery for 12 hours post visit.
4. Patient must have responsible adult escort home and observe recovery.
5. Any problems please contact our office at 804-569-0530



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